

Drum Circles for Team Building

Melodic Connections provides unique opportunities that bring employees together for team building and wellness through music. We use drum circles to increase communication, relieve stress and build trust. A board-certified music therapist will conduct an initial meeting to determine goals, create a session tailored to your objectives, and provide a final report with insights specific to your group.

What is a Drum Circle?

Participants gather in a circle of chairs, facing each other. Each person has a drum or other percussion instrument and there is a leader conducting the experience. Our leaders are Melodic Connections adult students, joined by a music therapist. Both have been trained in leading team building exercises.

What Can I Expect?

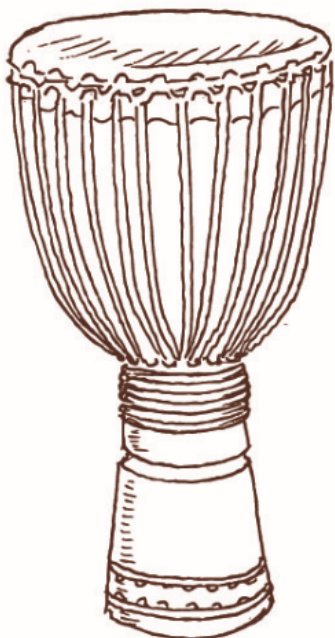
The event lasts about one hour and is structured to encourage communication and participation. We'll lead various team building games and exercises using drum beats and vocalization. The ideal group size is 15-20 people. Melodic Connections will bring all the instruments and equipment, and we'll need a large, open room and enough chairs for participants.

How Will My Employees Benefit?

Our participants report feeling they have unique ideas to offer, and feel more open to others' ideas. They also say that after a drum circle they feel better connected to colleagues and feel the team is working toward common goals. It's different, energizing and fun! No drumming or music experience needed.

Questions or ready to book? Email Christina@melodicconnections.org
Costs vary and are based on your needs.

You will be providing your employees with a memorable, team building experience *and* supporting employment opportunities for people with developmental disabilities.



Artist: Phil Rowland